

The Wild Robot: Wilderness Survival Skills

Learn to Thrive in Nature Like Roz

Channel Roz's resourcefulness as you learn basic wilderness survival skills! This introduction will teach you how to stay safe and thrive in the great outdoors, just as Roz had to adapt to her island environment.

What You'll Need

- Outdoor clothing appropriate for the weather
- Water and snacks
- A small backpack
- A basic first aid kit
- A compass (or compass app)
- An Ordnance Survey map of your area
- Notebook and pencil

Your Survival Mission

1. Find a safe outdoor location with adult supervision
2. Practice each skill, discussing its importance and Roz's potential use for it
3. Create a "survival map" of your area, marking potential resources
4. Design a wilderness survival kit based on what you've learned

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Survival Skills to Learn

1. **Finding North Without a Compass:** Learn to use the sun or stars
2. **Building a Simple Shelter:** Use natural materials to create protection
3. **Water Safety:** How to find and purify water in the wild
4. **Fire Safety:** Understand fire-building basics and safety (practice only where permitted)
5. **Basic Foraging:** Identify common edible plants in your area (look, don't taste!)
6. **Leave No Trace:** Learn principles of minimizing your impact on nature
7. **Emergency Signalling:** How to attract attention if you're lost
8. **Reading Nature's Signs:** Observe weather patterns, animal behaviour, etc.

Roz's Survival Log

After practicing these skills, reflect on your experience:

- Which skill was most challenging? Why?
- How might Roz have used these skills on her island?
- What surprised you most about wilderness survival?
- How can these skills help you appreciate and protect nature?

Safety First!

Always prioritise safety. Practice these skills with adult supervision and in permitted areas. Remember, real survival situations are serious - always inform others of your outdoor plans and stick to marked trails unless properly trained.

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